



HOW TO MAKE 2 REFRESHING SUMMER DRINKS WITH LIMES

TRAINING PACK BY COWLEY ROAD WORKS



We All know lemonade, but have you ever tried **LIMEADE?**

Lime juice has an even fresher and more intense flavour.

We are sharing two of our favourite lime drinks with you:

- **Limeade**
- **Limonada de coco**



LIMEADE RECIPE: SERVES 4

In summer, nothing is more refreshing!

Ingredients

- 6 limes
- 1-2 tablespoons sugar (to taste)
- 1 litre cold water
- Ice cubes



Directions

- Squeeze the limes into a jug
- Add the cold water, sugar and ice cubes
- Stir well and serve!



LIMONADA DE COCO – SERVES 2

This drink will take you away to a tropical island...

Ingredients:

- 3 limes
- 250ml cream of coconut
- 2 tablespoons sugar
- 2.5 cups ice cubes



Directions

- Place all ingredients in a blender
- Blend until smooth.
- Serve immediately.



SEND US YOUR PICTURES

Send us a picture of your drinks and let us know how you liked them!

We'd love to see these, and share your fantastic creations across our social media channels.

You can send it to us at:

	admin@cowleyroadworks.org Or via We Transfer
	www.facebook.com/cowleyroadcarnival
	twitter.com/CowleyCarnival
	www.instagram.com/cowleyroadworks/

If you prefer that we don't share your work with our audiences just let us know in the message, and we'll keep it under our hats.



HAPPY MAKING FROM ALL OF US!



CARNIVAL AT HOME IS SPONSORED BY:



Supported using public funding by
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